



KING EDWARD VI
HIGH SCHOOL FOR GIRLS



KING EDWARD'S SCHOOL
BIRMINGHAM

Term 1 Autumn 2025

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Tomato & Sweet Pepper - V	Roasted Celeriac – V	Lentil - V	Broccoli & Stilton - V	Winter Vegetable - V
Meaty Mains	Grilled Chicken, Sweet & Sour Glaze	Tandoori Chicken Pizza	Baked Chicken, Garlic & Herb Sauce	Beef Lasagne	Classic Chicken Zinger Burger
Veggie Mains	Macaroni Cheese - V	Mozzarella & Pesto Pizza - V	Quorn Chilli Quesadilla - V	Mushroom Turnover - V	Creamy Garlic Croissant - V
Mains	Vegetable Samosa - V	Red Thai Fishcake - F	Penna Arrabbiata - V	Vegetable Meatball Biryani - V	Battered Cod Fillet - F
Jacket Potatoes	Served daily with a selection of fillings, Tuna (Contains: Egg, Fish . May Contain: Gluten, Crustaceans, Mustard, Soya, Milk, Sulphites), Cheese (Contains: Milk), Baked Beans				
Pastas	Pasta Contains: Wheat Served daily with Beef Bolognese or Tomato Sauce. May contain: Celery				
Sides	Jewelled Rice, Cauliflower & Broccoli, Peppered Green Beans	Potato Wedges, Spiced Beans, Peas	Potato Bravas, Braised Red Cabbage, Sweetcorn	Rosemary Roasted Potatoes, Green Cabbage, Mixed Vegetables	Chips, Peas, Baked Beans
Hot Sweets	Apple & Pear Crumble	Sprinkle Cake	Chocolate Brownie	Ginger & Orange Cake	Double Chocolate Crunch



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Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Creamy Tomato & Basil - V	Curried Carrot – V	Minestrone - V	Honey Glazed Parsnip - V	Winter Vegetable - V
Meaty Mains	Chinese Chicken Curry	Pepperoni Pizza	Harissa Lamb & Flatbread	Beef Stroganoff	Chicken Zinger Burger
Veggie Mains	Cheese & Onion Slice - V	Cheese & Tomato Pizza - V	Roasted Butternut Squash & Coconut Chilli - V	Herby Tomato Risotto - V	Vegetable Chilli Dog - V
Mains	Pasta Carbonara - V	Grilled Cod, Red Pepper Cream - F	Rocket, Basil & Ricotta Roulade - V	Vegetarian Keema & Naan Bread - V	Battered Cod Fillet - F
Jacket Potatoes	Served daily with a selection of fillings, Tuna (Contains: Egg, Fish . May Contain: Gluten, Crustaceans, Mustard, Soya, Milk, Sulphites), Cheese (Contains: Milk), Baked Beans				
Pastas	Pasta Contains: Wheat Served daily with Beef Bolognese or Tomato Sauce. May contain: Celery				
Sides	Ginger & Sweet Chilli Rice, Mange Tout & Courgettes, Mixed Vegetables	Potato Wedges, Chilli Broccoli, Corn on the Cob	Bombay Potatoes, Jamaican Cabbage, Peas & Sweetcorn	Pilau Rice, Curried Cauliflower, Green Beans & Peppers	Chips, Peas, Baked Beans
Hot Sweets	Apple & Peach Crumble	Cinnamon Cake	Chocolate Fudge Cake	Chocolate Digestive Cake	Chocolate Crunch, Chocolate Custard

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Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Tomato - V	Cajun Seasoned Cauliflower – V	Butternut Squash, Sweet Potato & Coconut - V	Spiced Bean & Noodle - V	Winter Vegetable - V
Meaty Mains	Beef Meatball Marinara	BBQ Chicken Pizza	Sausage with Onion Gravy	Chicken Tikka Pie	Chicken Zinger Burger
Veggie Mains	Thai Noodle Stir-Fry - V	Spicy Pepper Pizza - V	Mixed Bean Nachos - V	Butternut Squash & Cheddar Gnocchi - V	Crumbed Feta & Rocket Crostini - V
Mains	Sun-Blushed Tomato & Goats Cheese Tart - V	Baked Cod & Herby Butter Sauce - F	Vegetarian Sausages - V	Onion, Potato & Spinach Frittata - V	Battered Cod Fillet - F
Jacket Potatoes	Served daily with a selection of fillings, Tuna (Contains: Egg, Fish . May Contain: Gluten, Crustaceans, Mustard, Soya, Milk, Sulphites), Cheese (Contains: Milk), Baked Beans				
Pastas	Pasta Contains: Wheat Served daily with Beef Bolognese or Tomato Sauce. May contain: Celery				
Sides	Coconut Rice, Carrots, Whole Green Beans	Potato Wedges, Broccoli, Spiced Sweetcorn	Mashed Potato, Herby Cauliflower, Minted Peas	Roasted New Potatoes, Garlic Courgettes Mixed Vegetables	Chips, Peas, Baked Beans
Hot Sweets	Apple & Berry Crumble	Sticky Toffee Pudding	Triple Chocolate Cake	Raspberry & White Chocolate Cake	Chocolate Crunch